



# 80/60 MEDICAL INSURANCE

(October 1, 2022 – September 30, 2023)

**Provided by** 

aetna<sup>sm</sup>







- The PPO plan offers more flexibility and choice than the HMO plan due to the In-Network and Out-of-Network selection you make at the time you seek services
- The In-Network benefits (copays/coinsurance) will be covered at a higher level than the Out-of-Network benefits
- At the time of service, you have the ability to seek care from a Specialist, without having to obtain a referral from a Primary Care Physician (PCP)
- The contractual agreement between the PPO Plan and the In-Network Provider is on a "discounted fee for service" basis
- You will pay more out-of-pocket when you seek services Out-of-Network because those physicians are not providing the same contracted discounts as the In-Network physicians





#### Aetna 80/60 Base Plan

- The Open Choice PPO 80/60 plan offers you comprehensive benefit coverage with an In-Network and Outof-Network benefit as well as prescription drug benefits
- This plan is the base plan, or 'default plan' that the University offers at no cost to the postdoc
- Before enrolling your eligible dependents, please check with your Department Administrator to assure that your dependents are eligible for the plan





## Postdoctoral Trainee Benefits Program

Aetna 80/60 <u>Base</u> Medical Plan				
Core Benefits	In-Network	Out-of-Network		
Deductible	\$500 / Individual \$1,000 / Family	\$1,000 / Individual \$2,000 / Family		
Annual Maximum Out-of-Pocket	\$3,000 / Individual \$6,000 / Family	\$7,500 / Individual \$15,000/ Family		
Lifetime Maximum	Unlimited	Unlimited		
Physician Office Visit	\$25 Copay	40%		
Specialist Visit	\$40 Copay	40%		
Walk-in Clinics	\$25 Copay	40%		
Hospitalization	Inpatient: 20% + \$150 Copay AD* Outpatient: 20% AD* Pregnancy: 20% + \$150 Copay AD*	Inpatient: \$300 Copay + 40% AD* Outpatient: 40% AD* Pregnancy: \$300 Copay + 40% AD*		
Prescription Drugs	Generic: \$10 Copay Brand: \$20 Copay Non Brand: \$35 Copay	<b>Generic:</b> \$10 + 50% <b>Brand:</b> \$20 + 50% <b>Non Brand:</b> \$35 + 50%		

\*AD = After Deductible





### Postdoctoral Trainee Benefits Program

Aetna 80/60 <u>Base</u> Medical Plan					
Core Benefits	In-Network	Out-of-Network			
<b>Emergency Room Visits</b>	\$150 Copay + 20%	\$150 Copay + 20%			
Urgent Care	\$35 Copay	\$35 Copay			
Routine Physical Exam	\$0	40% After Deductible			
Routine Gynecological Exam	\$0	40% After Deductible			
Routine Mammograms	\$0	40% After Deductible			
Mental Health	Inpatient: 20% + \$150 Copay AD* Outpatient: \$40 Copay	Inpatient: 40% + \$300 Copay AD* Outpatient: 40% AD*			

\*AD = After Deductible

For more detailed plan design information go to: <a href="https://clients.garnett-powers.com/pd/vumc/documents/">https://clients.garnett-powers.com/pd/vumc/documents/</a>



#### Postdoctoral Trainee Benefits Program



Insurance	Risk Management	Consulting
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Plans	VUMC Contribution	Postdoc Contribution
aetna 80/60 PPO Medical Plan		
Postdoc	\$780.19	\$0
Postdoc + Spouse	\$1,810.12	\$0
Postdoc + Child(ren)	\$1,599.46	\$0
Postdoc + Family	\$2,590.36	\$0
<b>aetna</b> 90/70 Medical Plan "Buy Up"		Billed directly to postdoc via "FreshBooks"
Postdoc	\$780.19	\$42.56
Postdoc + Spouse	\$1,810.12	\$98.72
Postdoc + Child(ren)	\$1,599.46	\$87.21
Postdoc + Family	\$2,590.36	\$141.24